

MI Coding

Technical Components					Relational Components						
Cultivating Change Talk	1	2	3	4	5	Partnership	1	2	3	4	5
Softening Sustain Talk	1	2	3	4	5	Empathy	1	2	3	4	5

Response Type	Count	Examples
Giving Information		
Persuade		
Persuade (with permission)		
Question		
Simple Reflection		
Complex Reflection		
Affirm		
Seeking Collaboration		
Emphasizing Autonomy		
Confront		

Motivational Interviewing Proficiency Standards		
	Beginner	Advanced
% CR	40%	50%
R:Q	1:1	2:1

